



Liquid Gold AND It Takes A Village

Two stories to uplift and empower
Black women to breastfeed their babies.



These two stories were written by The Equity Lab, which is comprised of passionate and committed African-American community members who shared their insight during Ramsey County listening sessions. These stories are their creations that were brought to life through powerful illustrations.

Download and read the entire book and find resources
by scanning the QR Code.



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